

Ergorest Mobile Forearm Rest



Ergorest Standard movable arm rest is the clear choice for maximum relief of the arm.

Flexible and optimal relief

Strain/stress injuries have long been a well-known problem within the industrial and health care sections. During the latter years, this has even been given attention in more normal, computer-related office work which entails static work positions. Ergorest is a mobile forearm rest that relieves the load on the entire forearm. Conditions of tension in the shoulders, neck and shoulder blades are reduced by up to 90 %.



Restful position at your desk!

**ERGO
REST®**

SPECIFICATIONS

- Unrivalled lower arm support.
- Use the keyboard with relaxed wrists.
- Covered with comfortable and durable lycra.
- Soft- filled for extra comfort.
- Easy to assemble, no tools required.
- Part no
460-1441 Ergorest, 14-41 mm
462-3464 Table bracket for extended gap 34-64 mm